

# Week of 9/26/16 - 9/30/16

Monday		
Broccoli		
Cauliflower		
Shrimp		
Cucumber		
Organic gummies		
Carrots		
Green Grapes		
Rice crackers		
Apples		

Tuesday	
Rotisserie chicken	
Strawberries	
Mixed fruit	
Cheese sticks	
Blueberries	
Cashews	
Yogurt	

Wednesday	
Pita bread	Trail mix
Grape tomatoes	Sweet potato chips
Cantaloupe	Ham
Peaches	Turkey
Broccoli bites	
Sweet potato bites	
Gogurt	
Yogurt	
String cheese	
Pickles	
Hummus	

Thurso	day
Rotisserie chicken	
Blackberries	
String cheese	
Mixed fruit	
Veggie chips	
Yogurt	
Granola	

Friday	
Blackberries	
Raspberries	
Chicken breast deli	
Tortilla chips	
Watermelon	
Fruit strips	
Smoothies	





# Week of 10/04/16 - 10/08/16

Monday	
Shrimp	
Cheese	
Ritz crackers	
Rice Crackers	
Fruities	
Raspberries	
Peaches	
Gogurt	

Tuesday	
Cheese sticks	
Strawberries	
Apples	
Rice crackers	
Yogurt	
Apples	
Tangerines	

Wednesday	
White corn chips	
Salsa	
Mixed fruit	
Cheddar cheese	
Deli ham	
Salami	
Raisins	
Corn chips	
Rice crackers	

Thursday	
Hard boiled eggs	
Strawberries	
Peaches	
Pita chips	
Salami	
Gogurt	
Hummus	

Friday		
Ham		
Hummus		
Salami		
Grape tomatoes		
Blackberries		
Raspberries		
Tangerines		
Yogurt		
Pickles		





# Week of 10/10/16 - 10/14/16

Monday		
closed		

Tuesday	
Hard boiled eggs	
Zucchini	
Grapes	
Strawberries	
Yogurt	
Rice crackers	
Grape tomatoes	
Cheese	

Wednesday	
Ham	
Kale tortilla chips	
Black bean tortilla chips	
Strawberries	
Grapes	
Cheese sticks	
Salami	
Honey dew	
Exotic Vegetable blend	
Blackberries	

Friday	
Hard boiled eggs	
Corn	
Chicken nuggets	
Coconut crisps	
Raisin & almond bars	
Yogurt covered raisins	
Strawberries	

Thursday	
Mashed potato	
Broccoli	
Cheerios	
Fruit cups	
Rice crispy bars	
Corn on a cob	
Strawberries	
Watermelon	





### Week of 10/17/16 - 10/21/16

Monday		
Rotisserie chicken		
Cashews		
Exotic blend chips		
Sweet potato chips		
Strawberries		
Yogurt		
Mixed fruit		
Melon		

Tuesday	
Yogurt	
Strawberries	
Tangerines	
Grapes	
String cheese	
Cheese crackers	
Cookies	
Cheese chips	

Wednesday	
Salami	
Ham	
Cheese	
Mixed fruit	
Melon	
Hummus	
Popcorn	
Oatmeal cookies	
Nut mix	

Thursday	
Hard boiled eggs	
Yellow grape tomatoes	
Sargento cheese	
Yogurt	
Cubed ham	
Sweet peppers	
Shrimp	

Friday	
Sweet and salty popcorn	
Grapes	
Strawberries	
Cubed Cheese	
Yogurt	
Pretzels	
Bananas	
Hummus	
White corn tortilla chips	





## Week of 10/24/16 - 10/28/16

Monday	
Strawberries	
Rotisserie chicken	
Strawberry cream cheese	
Feta cheese	
Grapes	
Pretzels	
Yogurt	

Tuesday	
Veggie straws	
Blue corn tortilla chips	
Ham	
Salami	
Mixed fruit	
String cheese	
Sliced Cheese	
Gogurt	

Wednesday	

Thursday	
Cheese crackers	
Grapes	
Blueberries	
Strawberries	
Bananas	
Celery	
Apple Sause	
Blueberry cream cheese	
Onion cream cheese	
Strawberry cream cheese	

Friday	
Sliced ham	
Cheddar slices	
Tortilla wraps	
Ranch crackers	
Pecans	
Mixed melon salad	





## Week of 10/31/16 - 11/04/16

Monday	
Crispy cheddar crackers	
Broccoli	
Shrimp	
Avocado ranch	
Go-gurt	
Carrots	
String cheese	

Tuesday	
Yogurt	
Grapes	
Cashews	
Almonds	
Celery	
Ranch	
Rotisserie chicken	
Vegetable chips	
Melon	
Watermelon	
Honeydew	

Wednesday	
Yogurt	
Grapes	
Strawberries	
White corn chips	
Mango Salsa	
Colby jack cheese	
Melon	

Thursday	
Cantaloupe	
Raisins	
Strawberry yogurt	
Watermelon	
Rice chips	
Sugar snap peas	
Bananas	
Colby jack cheese	

Friday	
Ham	Cauliflower
Turkey	Carrots
Jelly sandwich	ranch
Grapes	
Strawberries	
Blueberries	
Yogurt	
Broccoli	





## Week of 11/07/16 - 11/11/16

Monday	
Crispy cheddar crackers	
Chocolate brittles	
Shrimp	
Cucumber	
Go-gurt	
Carrots	
Grapes	

Tuesday	
Yogurt	
Grapes	
Strawberries	
Tortilla chips	
Salsa	
Colby jack cheese	

Wednesday	
Strawberries	
Yogurt	
Monterey cheese	
Hummus	
Green Pea crisps	
Blue Tortilla chips	
Pineapple	

Thursday	
Rotisserie chicken	
Blackberries	
String cheese	
Sweet and salty popcorn	
Veggie chips	
Yogurt	
Granola	

Friday	
Cantaloupe	
Raisins	
Strawberry yogurt	
Banana chips	
Rice chips	
Sugar snap peas	
Hummus	
Cheese	





### Week of 11/14/16 - 11/18/16

Monday	
Salami	
Roast beef	
Grapes	
Strawberries	
Gogurt	
Yogurt	
Rice crisps	

Tuesday	
Gogurt	
Strawberries	
Tortilla chips	
Salsa	
Grapes	
Cheese	

Wednesday	
Strawberries	
Yogurt	
Colby cheese	
Salsa	
Ham	
Blue Tortilla chips	
Pineapple	

Thursday	
Rotisserie chicken	
Blackberries	
String cheese	
Exotic blend vegetable chips	
Veggie straws	
Yogurt	
Cashews	

Friday	
Strawberries	
Grapes	
Nana yogurt	
Banana chips	
Star fruit	
Salami	
Star fruit	
Cheese	





#### Week of 11/21/16 - 11/22/16

Monday	
Salami	
Roast beef	
Grapes	
Strawberries	
Gogurt	
Yogurt	
Rice crisps	

Tuesday	
Gogurt	
Strawberries	
Tortilla chips	
Salsa	
Grapes	
Cheese	

Wednesday	
closed	

Thursday		
closed		

Friday		
closed		





## Week of 11/28/16 - 12/02/16

Monday	
Ham	
Salami	
Roast beef	
Turkey	
Strawberries	
Bananas	
Rice crackers	
Gogurt	
Carrots	

Tuesday	
Ham	
Grapes	
Strawberries	
Yogurt	
Cheese	
Gram crackers	
Pretzels	

Wednesday	
Strawberries	
Yogurt	
Colby cheese	
Salsa	
Ham	
Blue Tortilla chips	
Pineapple	

Thurse	day
Ham	
Cheese	
Rice thins	
Grapes	
Yogurt	
Strawberries	
Trail mix	

Friday	
Strawberries	
Grapes	
Strawberry yogurt	
Veggie chips	
Dragon fruit	
Salami	
Grape tomatoes	
Cheese	





# Week of 12/05/16 - 12/09/16

Mond	ay
Ham	
Salami	
Roast beef	
Turkey	
Strawberries	
Apple sauce	
Rice crackers	
Gogurt	
Mixed veggie	

Tuesday	
Yogurt	
Pretzels	
Veggie straws	
Cheese	
Pepperoni	
Grapes	
Apples	

Wednes	sday
Grapes	
Bread	
Pickles	
Grape tomatoes	
Gogurt	
Ketchup	
Honey mustard	
Strawberry preserves	
Chicken nuggets	
Fried shrimp	
Cream cheese bake	

Thursday	
Blackberries	
Raspberries	
Strawberries	
Yogurt	
Granola	
Celery	
Broccoli	
Ranch	
Veggie Straws	
Salami	

Friday	
Rotisserie chicken	
Melon	
Apples	
Bananas	
Grapes	
Corn tortilla chips	
Salsa	





### Week of 12/12/16 - 12/16/16

Monday	
Ham	
Salami	
Roast beef	
Turkey	
Strawberries	
Apples	
White cheddar rice thins	
Gogurt	
Carrots	

Tuesday	
Yogurt	
Grapes	
Strawberries	
Tortilla chips	
Salsa	
Colby jack cheese	

Wednes	sday
Ham	
Salami	
Mixed fruit	
Yogurt	
Cheese	
Crackers	
Fruit strips	

Thurse	day
Rotisserie chicken	
Blackberries	
String cheese	
Sweet and salty popcorn	
Strawberries	
Yogurt	
Cashews	
Grapes	

Friday	
Cantaloupe	
Raisins	
Strawberry yogurt	
Banana chips	
Rice chips	
Sugar snap peas	
Hummus	
Cheese	





### Week of 12/19/16 - 12/21/16

Monday	
Ham	
Salami	
Roast beef	
Turkey	
Strawberries	
Bananas	
Rice crackers	
Yogurt	
Mixed veggie	

Tuesday	
Yogurt	
Melon	
Grapes	
Tortilla chips	
Salsa	
String cheese	

Wednesday	
closed	

Thursday		
closed		

Friday		
closed		

